

بسمه تعالی

## انعکاس خلاصه اخبار آخرین یافته پژوهش های بالینی



<https://www.news-medical.net/medical/about>

لینک سامانه ی آخرین اخبار پژوهش های بالینی

اخبار بالینی شاخص جهان

لینک خبر

Among patients who reported cannabis use:



- 79% completed a transplant evaluation
- 73% were approved for the waitlist
- 65% received a transplant

Healio

عدم ارتباط معنادار بین مصرف  
کانابیس و نتایج نامطلوب در پیوند  
کلیه

بر اساس مطالعه منتشر شده در  
Kidney ۳۶۰، داده ها هیچ تفاوت آماری  
معناداری در روند ارزیابی، زمان انتظار یا

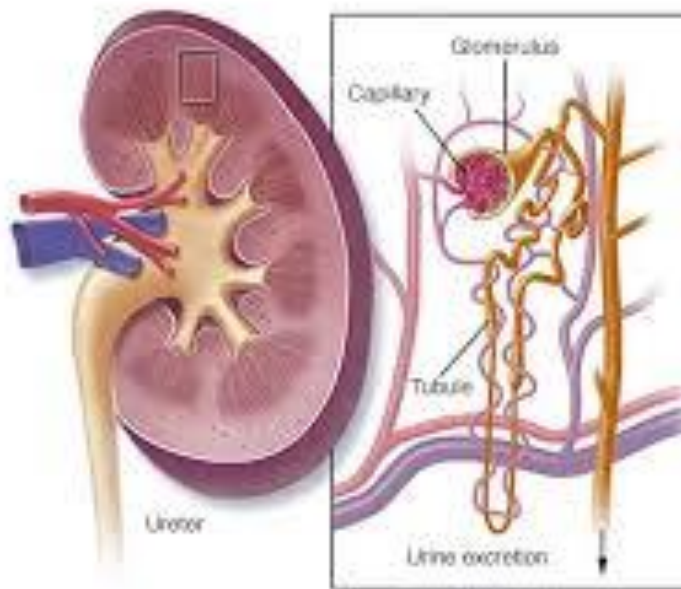
<https://www.healio.com/news/nephrology>

پیامدهای پس از پیوند کلیه بین مصرف‌کنندگان و غیرمصرف‌کنندگان حشیش نشان نمی‌دهد. این یافته بر لزوم بازنگری در معیارهای فعلی فهرست انتظار تأکید می‌کند."

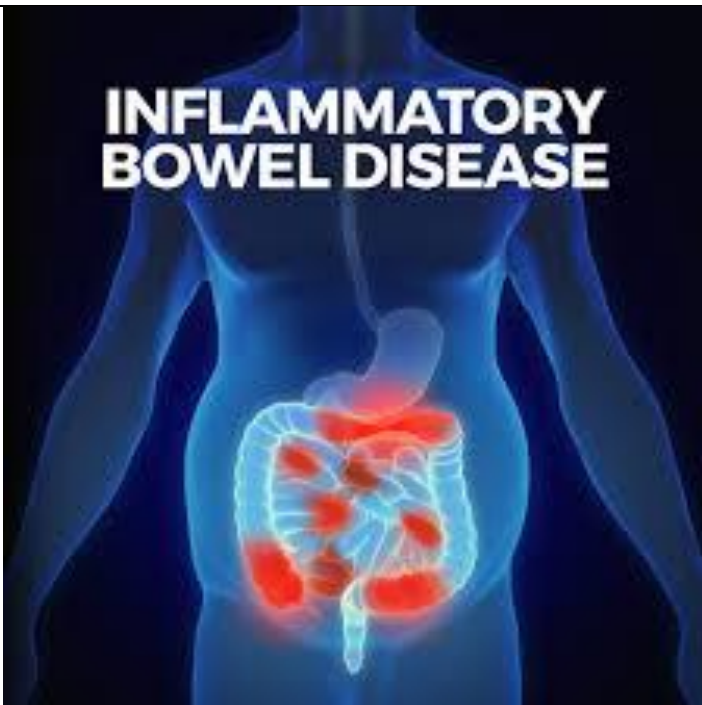
**تأیید داروی جدید لوپوس کلیوی توسط FDA؛ رویدادی مهم برای بیماران**

سازمان غذا و داروی آمریکا (FDA) داروی گزیوا (Gazyva) را برای درمان بیماری «لوپوس نفریت» - یک عارضه جدی کلیوی ناشی از بیماری لوپوس - تأیید کرد. این تصمیم به عنوان یک گام بلند و پیشرفت مهم در مسیر درمان این بیماران ارزیابی می‌شود و امید تازه‌ای برای آنها ایجاد کرده است.

<https://www.healio.com/news/rheumatology/2025/02/fda-approves-gazyva-for-lupus-nephritis-marking-significant-advancement-for-patients>



## INFLAMMATORY BOWEL DISEASE



### «سونامی» بیماری التهابی روده در راه است.

بر پایه یک مطالعه بین‌المللی که در  
نشریه معتبر «Nature Reviews  
Gastroenterology &  
Hepatology» منتشر شده است،  
جهان تا یک دهه آینده با افزایش  
exponential و نگران‌کننده  
بیماری‌های التهابی روده (IBD) روبرو  
خواهد شد.

بر اساس این پژوهش که توسط  
«گیلاد کاپلان» انجام شده، هم‌اکنون  
بیش از یک میلیون نفر در آمریکا و دو  
و نیم میلیون نفر در اروپا به  
بیماری‌هایی مانند کرون و کولیت  
اولسراتیو مبتلا هستند. هزینه‌های  
مستقیم درمان این بیماران، سالانه بار  
سنگینی بر دوش سیستم‌های  
بهداشتی وارد می‌کند.

<https://www.nature.com/articles/nrgastro.۲>

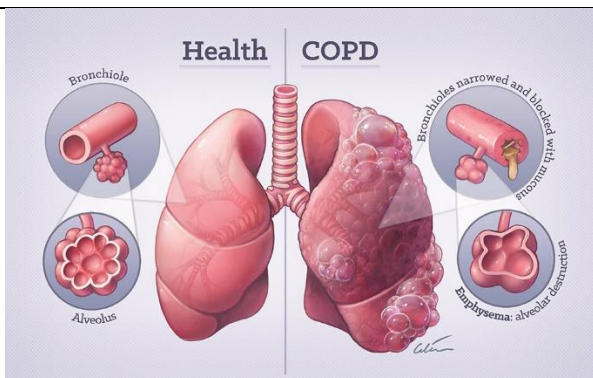
۰۱۵,۱۵۰



هشدار دانشمندان: رژیم کتوژنیک  
ممکن است به سلامت متابولیک  
شما آسیب بزند.

<https://www.news-medical.net/news/20251022/Scientists-question-the-safety-and-efficacy-of-the-diet-for-metabolic-health.aspx>

یک مطالعه جدید از دانشگاه یوتا،  
که در ۲۲ اکتبر ۲۰۲۵ منتشر  
شده، تأثیرات بلندمدت رژیم  
محبوب کتوژنیک را مورد بررسی  
قرار داده و سوالات جدی در مورد  
ایمنی و کارایی آن برای سلامت  
متابولیک بدن مطرح کرده است.





مطالعه جدید در مورد داروی  
رایج COPD هشدار می‌دهد



<https://www.healio.com/news/pulmonology/20251020/roflumilast-more-beneficial-than-azithromycin-for-copd-exacerbations-not-mortality>

بر اساس نتایج تازه‌ای که در  
کنگره سالانه کالج پزشکی قفسه  
سینه (CHEST) ارائه شد، یک  
انتخاب درمانی دشوار برای


	<p>بیماران مبتلا به COPD آشکار شده است.</p> <p>مزیت واضح در کاهش عود بیماری این مطالعه نشان می دهد که بیماران بزرگسال مبتلا به COPD که داروی روفلوومیلاست دریافت می کنند، در مقایسه با کسانی که تحت درمان با آزیترومايسين قرار گرفته اند، نرخ کمتری از حملات حاد بیماری (Exacerbations) را در طول یک سال تجربه می کنند.</p>					
	<table border="1"> <tr> <td data-bbox="954 903 1056 1054"> <p>عنوان خبر</p> </td> <td data-bbox="1056 903 1410 1054"> <p>Study highlights the role of genetic factors in COVID-۱۹ thrombosis and inflammation</p> </td> </tr> <tr> <td data-bbox="954 1054 1056 1394"> <p>خلاصه خبر</p> </td> <td data-bbox="1056 1054 1410 1394"> <p>Despite global vaccination efforts, COVID-۱۹ continues to pose significant risks, leading to severe complications and fatalities. These risks are driven by disrupted coagulation, impaired fibrinolysis, which is the</p> </td> </tr> </table>	<p>عنوان خبر</p>	<p>Study highlights the role of genetic factors in COVID-۱۹ thrombosis and inflammation</p>	<p>خلاصه خبر</p>	<p>Despite global vaccination efforts, COVID-۱۹ continues to pose significant risks, leading to severe complications and fatalities. These risks are driven by disrupted coagulation, impaired fibrinolysis, which is the</p>	<p><a href="https://www.news-medical.net/news/۲۰۲۴۱۰۰۳/Study-highlights-the-role-of-genetic-factors-in-COVID-۱۹-thrombosis-and-inflammation.aspx">https://www.news-medical.net/news/۲۰۲۴۱۰۰۳/Study-highlights-the-role-of-genetic-factors-in-COVID-۱۹-thrombosis-and-inflammation.aspx</a></p>
<p>عنوان خبر</p>	<p>Study highlights the role of genetic factors in COVID-۱۹ thrombosis and inflammation</p>					
<p>خلاصه خبر</p>	<p>Despite global vaccination efforts, COVID-۱۹ continues to pose significant risks, leading to severe complications and fatalities. These risks are driven by disrupted coagulation, impaired fibrinolysis, which is the</p>					

		<p>process of breaking blood clots, and heightened inflammatory responses.</p>	
	<p><b>عنوان خبر</b></p>	<p>New insights into the link between respiratory infections and chronic lung diseases</p>	<p><a href="https://www.news-medical.net/news/2021003/New-insights-into-the-link-between-respiratory-infections-and-chronic-lung-diseases.aspx">https://www.news-medical.net/news/2021003/New-insights-into-the-link-between-respiratory-infections-and-chronic-lung-diseases.aspx</a></p>
	<p><b>خلاصه خبر</b></p>	<p>A 3D reconstruction of a mouse lung four days after infection with fluorescent Sendai virus reveals widespread virus presence (red) and active replication (green).</p>	
	<p><b>عنوان خبر</b></p>	<p>Accelerating tobacco decline could boost global life expectancy</p>	<p><a href="https://www.news-medical.net/news/2021003/Accelerating-tobacco-decline-could-boost-global-life-expectancy.aspx">https://www.news-medical.net/news/2021003/Accelerating-tobacco-decline-could-boost-global-life-expectancy.aspx</a></p>
	<p><b>خلاصه خبر</b></p>	<p>Accelerating the decline in tobacco smoking globally, by decreasing smoking prevalence from current levels to 0% everywhere, could increase life expectancy and prevent millions of premature deaths by 2050, according to a study from the Global Burden of Disease, Injuries and Risk Factors (GBD) Tobacco Forecasting Collaborators published in</p>	

		The Lancet Public Health journal.
	<p><b>عنوان خبر</b> Ketogenic diet lowers mortality by ٢٤% while maintaining heart health</p> <p><b>خلاصه خبر</b> Study confirms that adherence to a ketogenic diet reduces all-cause mortality risk by ٢٤% without increasing cardiovascular mortality in a large US cohort. Findings support KD as a beneficial intervention for long-term health.</p>	<a href="https://www.news-medical.net/news/٢٠٢٤١٠٠٣/Ketogenic-diet-lowers-mortality-by-٢٤٢٥-while-maintaining-heart-health.aspx">https://www.news-medical.net/news/٢٠٢٤١٠٠٣/Ketogenic-diet-lowers-mortality-by-٢٤٢٥-while-maintaining-heart-health.aspx</a>
	<p><b>عنوان خبر</b> Creating a tobacco-free generation could prevent ١.٢ million lung cancer deaths</p> <p><b>خلاصه خبر</b> Creating a generation of people who never smoke could prevent ١.٢ million deaths from lung cancer globally, according to a study led by researchers from the University of Santiago de Compostela, the International Agency for Research on Cancer (IARC), and global collaborators published in</p>	<a href="https://www.news-medical.net/news/٢٠٢٤١٠٠٣/Creating-a-tobacco-free-generation-could-prevent-١٢-million-lung-cancer-deaths.aspx">https://www.news-medical.net/news/٢٠٢٤١٠٠٣/Creating-a-tobacco-free-generation-could-prevent-١٢-million-lung-cancer-deaths.aspx</a>

		The Lancet Public Health journal.	
	<b>عنوان خبر</b>	UK and Singapore partner on health data	<a href="https://www.news-medical.net/news/20241003/UK-and-Singapore-partner-on-health-data.aspx">https://www.news-medical.net/news/20241003/UK-and-Singapore-partner-on-health-data.aspx</a>
	<b>خلاصه خبر</b>	Health Data Research UK (HDR UK) and the National Research Foundation Singapore (NRF) are pleased to have signed a Memorandum of Understanding (MoU) today, that formalizes a collaborative partnership in healthcare and data science.	
	<b>عنوان خبر</b>	Researchers develop technology to change protein identity in vivo	<a href="https://www.news-medical.net/news/20241003/Researchers-develop-technology-to-change-protein-identity-in-vivo.aspx">https://www.news-medical.net/news/20241003/Researchers-develop-technology-to-change-protein-identity-in-vivo.aspx</a>
	<b>خلاصه خبر</b>	Researchers at the RIKEN Cluster for Pioneering Research (CPR) have developed technology that can alter, within the body, the recognized identity of proteins. The innovation, published in Nature Communications on	



		October ٢, allowed researchers to target mouse tumors with a protein and then transport that protein out of the body.	
	عنوان خبر	Primary care settings failing to address women's hot flashes	<a href="https://www.news-medical.net/news/٢٠٢٤١٠٠٣/Primary-care-settings-failing-to-address-womens-hot-flashes.aspx">https://www.news-medical.net/news/٢٠٢٤١٠٠٣/Primary-care-settings-failing-to-address-womens-hot-flashes.aspx</a>
	خلاصه خبر	Timely identification and treatment of bothersome hot flashes have the potential to improve the lives of many women and save employers countless days of related absenteeism and lost work productivity. Yet, a new study finds that such symptoms are often not documented in electronic health records (EHRs) or not adequately addressed during primary care visits.	
	عنوان خبر	Temporary feeding tube management research earns top prize	<a href="https://www.news-medical.net/news/٢٠٢٤١٠٠٣/Temporary-feeding-tube-management-research-earns-top-prize.aspx">https://www.news-medical.net/news/٢٠٢٤١٠٠٣/Temporary-feeding-tube-management-research-earns-top-prize.aspx</a>



خلاصه  
خبر

A PhD candidate whose research aims to address the challenges faced by families of children with temporary feeding tubes has won The University of Queensland's ۲۰۲۴ Three Minute Thesis (۳MT) final.

پر استنادترین مقالات مجلات معتبر در زمینه ی بیماری های تنفسی

مجله	عنوان مقاله	لینک مقاله
American Journal of Respiratory and Critical Care Medicine	A New Global Definition of Acute Respiratory Distress Syndrome	<a href="https://www.atsjournals.org/doi/abs/10.1164/rccm.202303-0508WS">https://www.atsjournals.org/doi/abs/10.1164/rccm.202303-0508WS</a>
	Proteomic Biomarkers of Survival in Idiopathic Pulmonary Fibrosis	<a href="https://www.atsjournals.org/doi/abs/10.1164/rccm.202301-0117OC">https://www.atsjournals.org/doi/abs/10.1164/rccm.202301-0117OC</a>
	Meaningful Endpoints for Idiopathic Pulmonary Fibrosis (IPF) Clinical Trials: Emphasis on ‘Feels, Functions, Survives’. Report of a Collaborative Discussion in a Symposium with Direct Engagement from Representatives of Patients, Investigators, the National Institutes of Health, a Patient Advocacy Organization, and a Regulatory Agency	<a href="https://www.atsjournals.org/doi/abs/10.1164/rccm.202312-2213SO">https://www.atsjournals.org/doi/abs/10.1164/rccm.202312-2213SO</a>
	Can We Use Lung Function Thresholds and Respiratory Symptoms to Identify Pre-Chronic Obstructive Pulmonary Disease? A Prospective, Population-based Cohort Study	<a href="https://www.atsjournals.org/doi/abs/10.1164/rccm.202212-2330OC">https://www.atsjournals.org/doi/abs/10.1164/rccm.202212-2330OC</a>
	Application of Global Lung Function Initiative Global Spirometry Reference Equations across a Large, Multicenter Pulmonary Function Lab Population	<a href="https://www.atsjournals.org/doi/abs/10.1164/rccm.202303-0613OC">https://www.atsjournals.org/doi/abs/10.1164/rccm.202303-0613OC</a>
The Lancet Respiratory Medicine	Mirtazapine to alleviate severe breathlessness in patients with COPD or interstitial lung diseases (BETTER-B): an international, multicentre, double-blind, randomised, placebo-controlled, phase 3 mixed-method trial	<a href="https://www.thelancet.com/journals/lanres/article/PIIS2213-2600(24)00178-4/abstract">https://www.thelancet.com/journals/lanres/article/PIIS2213-2600(24)00178-4/abstract</a>
	Inhaled colistimethate sodium in patients with bronchiectasis and Pseudomonas aeruginosa infection: results of PROMIS-I and PROMIS-II, two randomised, double-blind, placebo-controlled phase 3 trials assessing safety and efficacy over 12 months	<a href="https://www.thelancet.com/journals/lanres/article/PIIS2213-2600(24)00220-X/fulltext">https://www.thelancet.com/journals/lanres/article/PIIS2213-2600(24)00220-X/fulltext</a>

	High-dose hyperfractionated simultaneous integrated boost radiotherapy versus standard-dose radiotherapy for limited-stage small-cell lung cancer in China: a multicentre, open-label, randomised, phase 3 trial	<a href="https://www.thelancet.com/journals/lanres/article/PIIS2213-2600(24)00189-9/abstract">https://www.thelancet.com/journals/lanres/article/PIIS2213-2600(24)00189-9/abstract</a>
	Early-life respiratory syncytial virus disease and long-term respiratory health	<a href="https://www.thelancet.com/journals/lanres/article/PIIS2213-2600(24)00246-7/abstract">https://www.thelancet.com/journals/lanres/article/PIIS2213-2600(24)00246-7/abstract</a>

پر استنادترین مقالات مجلات معتبر در زمینه ی بیماری های گوارش

مجله	عنوان مقاله	لینک مقاله
The Lancet Gastroenterology & Hepatology	WHO ۲۰۲۴ hepatitis B guidelines: an opportunity to transform care	<a href="https://www.thelancet.com/journals/lanmag/article/PIIS2468-1203(24)00089-X/fulltext">https://www.thelancet.com/journals/lanmag/article/PIIS2468-1203(24)00089-X/fulltext</a>
	The global, regional, and national burden of inflammatory bowel disease in ۱۹۵ countries and territories, ۱۹۹۰-۲۰۱۷: a systematic analysis for the Global Burden of Disease Study ۲۰۱۷	<a href="https://www.thelancet.com/journals/lanmag/article/PIIS2468-1203(19)30333-4/fulltext">https://www.thelancet.com/journals/lanmag/article/PIIS2468-1203(19)30333-4/fulltext</a>
	A biomarker-stratified comparison of top-down versus accelerated step-up treatment strategies for patients with newly diagnosed Crohn's disease (PROFILE): a multicentre, open-label randomised controlled trial	<a href="https://www.thelancet.com/journals/lanmag/article/PIIS2468-1203(24)00034-7/fulltext">https://www.thelancet.com/journals/lanmag/article/PIIS2468-1203(24)00034-7/fulltext</a>
	Semaglutide ۲.۴ mg once weekly in patients with non-alcoholic steatohepatitis-related cirrhosis: a randomised, placebo-controlled phase ۲ trial	<a href="https://www.thelancet.com/journals/lanmag/article/PIIS2468-1203(23)00068-7/fulltext">https://www.thelancet.com/journals/lanmag/article/PIIS2468-1203(23)00068-7/fulltext</a>
Gastroenterology	Organoids for Functional Precision Medicine in Advanced Pancreatic Cancer	<a href="https://www.gastrojournal.org/article/S0016-5085(24)05027-3/fulltext">https://www.gastrojournal.org/article/S0016-5085(24)05027-3/fulltext</a>
	Prognostic Factors for Early Recurrence After Resection of Pancreatic Cancer: A Systematic Review and Meta-Analysis	<a href="https://www.gastrojournal.org/article/S0016-5085(24)05004-2/fulltext">https://www.gastrojournal.org/article/S0016-5085(24)05004-2/fulltext</a>

	Targeting $\alpha$ -Hydroxytryptamine Receptor $\alpha_1$ in the Portal Vein to Decrease Portal Hypertension	<a href="https://www.gastrojournal.org/article/S0016-0808(24)00622-0/fulltext">https://www.gastrojournal.org/article/S0016-0808(24)00622-0/fulltext</a>
	Fazirsiran for Adults With Alpha-1 Antitrypsin Deficiency Liver Disease: A Phase 3 Placebo Controlled Trial (SEQUOIA)	<a href="https://www.gastrojournal.org/article/S0016-0808(24)01811-3/fulltext">https://www.gastrojournal.org/article/S0016-0808(24)01811-3/fulltext</a>

پر استنادترین مقالات مجلات معتبر در زمینه ی اورولوژی

مجله	عنوان مقاله	لینک مقاله
The Journal of Urology	Early Detection of Prostate Cancer: AUA/SUO Guideline Part I: Prostate Cancer Screening	<a href="https://www.auajournals.org/doi/10.1097/JU.0000000000003491">https://www.auajournals.org/doi/10.1097/JU.0000000000003491</a>
	Updates to Advanced Prostate Cancer: AUA/SUO Guideline (۲۰۲۳)	<a href="https://www.auajournals.org/doi/10.1097/JU.0000000000003452">https://www.auajournals.org/doi/10.1097/JU.0000000000003452</a>
	Diagnosis and Management of Non-Metastatic Upper Tract Urothelial Carcinoma: AUA/SUO Guideline	<a href="https://www.auajournals.org/doi/10.1097/JU.0000000000003480">https://www.auajournals.org/doi/10.1097/JU.0000000000003480</a>
	Management of Lower Urinary Tract Symptoms Attributed to Benign Prostatic Hyperplasia (BPH): AUA Guideline Amendment ۲۰۲۳	<a href="https://www.auajournals.org/doi/10.1097/JU.0000000000003698">https://www.auajournals.org/doi/10.1097/JU.0000000000003698</a>
	Complications Following Transrectal and Transperineal Prostate Biopsy: Results of the ProBE-PC Randomized Clinical Trial	<a href="https://www.auajournals.org/doi/10.1097/JU.0000000000003788">https://www.auajournals.org/doi/10.1097/JU.0000000000003788</a>
European Urology Oncology	Epidemiology and Prevention of Prostate Cancer	<a href="https://www.sciencedirect.com/science/article/abs/pii/S2588931121001814">https://www.sciencedirect.com/science/article/abs/pii/S2588931121001814</a>
	First-line Immunotherapy-based Combinations for Metastatic Renal Cell Carcinoma: A Systematic Review and Network Meta-analysis	<a href="https://www.sciencedirect.com/science/article/abs/pii/S258893112100456">https://www.sciencedirect.com/science/article/abs/pii/S258893112100456</a>
	Positive Predictive Value of Prostate Imaging Reporting and Data System Version ۲ for the Detection of Clinically Significant Prostate Cancer: A Systematic Review and Meta-analysis	<a href="https://www.sciencedirect.com/science/article/abs/pii/S2588931120302121">https://www.sciencedirect.com/science/article/abs/pii/S2588931120302121</a>
	Epidemiology, Screening, and Prevention of Bladder Cancer	<a href="https://www.sciencedirect.com/science/article/abs/pii/S2588931122001730">https://www.sciencedirect.com/science/article/abs/pii/S2588931122001730</a>

European Urology	EAU-EANM-ESTRO-ESUR-SIOG Guidelines on Prostate Cancer—2020 Update. Part 1: Screening, Diagnosis, and Local Treatment with Curative Intent	<a href="https://www.sciencedirect.com/science/article/abs/pii/S.0302283820.3.7697">https://www.sciencedirect.com/science/article/abs/pii/S.0302283820.3.7697</a>
	European Association of Urology Guidelines on Muscle-invasive and Metastatic Bladder Cancer: Summary of the 2020 Guidelines	<a href="https://www.sciencedirect.com/science/article/abs/pii/S.0302283820.3.23.X">https://www.sciencedirect.com/science/article/abs/pii/S.0302283820.3.23.X</a>
	EAU-EANM-ESTRO-ESUR-SIOG Guidelines on Prostate Cancer. Part II—2020 Update: Treatment of Relapsing and Metastatic Prostate Cancer	<a href="https://www.sciencedirect.com/science/article/abs/pii/S.0302283820.3.7739">https://www.sciencedirect.com/science/article/abs/pii/S.0302283820.3.7739</a>
	European Association of Urology Guidelines on Renal Cell Carcinoma: The 2022 Update	<a href="https://www.sciencedirect.com/science/article/pii/S.0302283822.16761">https://www.sciencedirect.com/science/article/pii/S.0302283822.16761</a>

پر استنادترین مقالات مجلات معتبر در زمینه ی بیماری های آنکولوژی

مجله	عنوان مقاله	لینک مقاله
CA: A Cancer Journal for Clinicians	Global Cancer Statistics ۲۰۲۰: GLOBOCAN Estimates of Incidence and Mortality Worldwide for ۳۶ Cancers in ۱۸۵ Countries	<a href="https://acsjournals.onlinelibrary.wiley.com/doi/full/10.3322/caac.21660">https://acsjournals.onlinelibrary.wiley.com/doi/full/10.3322/caac.21660</a>
	T Global cancer statistics ۲۰۱۸: GLOBOCAN estimates of incidence and mortality worldwide for ۳۶ cancers in ۱۸۵ countries	<a href="https://acsjournals.onlinelibrary.wiley.com/doi/full/10.3322/caac.21492">https://acsjournals.onlinelibrary.wiley.com/doi/full/10.3322/caac.21492</a>
	Cancer Statistics, ۲۰۲۱	<a href="https://acsjournals.onlinelibrary.wiley.com/doi/full/10.3322/caac.21654">https://acsjournals.onlinelibrary.wiley.com/doi/full/10.3322/caac.21654</a>
Annals of Oncology	High tumor mutation burden fails to predict immune checkpoint blockade response across all cancer types	<a href="https://www.sciencedirect.com/science/article/pii/S09237534210123X">https://www.sciencedirect.com/science/article/pii/S09237534210123X</a>
	ESMO Clinical Practice Guideline for the diagnosis, staging and treatment of patients with metastatic breast cancer	<a href="https://www.sciencedirect.com/science/article/pii/S0923753421044987">https://www.sciencedirect.com/science/article/pii/S0923753421044987</a>
	Metastatic colorectal cancer: ESMO Clinical Practice Guideline for diagnosis, treatment and follow-up	<a href="https://www.sciencedirect.com/science/article/pii/S0923753422041928">https://www.sciencedirect.com/science/article/pii/S0923753422041928</a>
	Exosome-based liquid biopsies in cancer: opportunities and challenges	<a href="https://www.sciencedirect.com/science/article/pii/S092375342101034">https://www.sciencedirect.com/science/article/pii/S092375342101034</a>